



Cooling with cold air is a widely used technique in physical therapy. Zimmer MedizinSysteme has developed and produced cold air therapy devices at its site in Neu-Ulm for several decades.

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Cryo

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With 50,000 units sold worldwide, Zimmer MedizinSysteme is the world market leader and sets the standards in this area.

Worldwide, the devices of the Cryo series are now essential for physiotherapists, sports medicine specialists and dermatologists and in hospitals in daily work with patients.

### Cryotherapy expertise Made in Germany



# Cryo 7 – The new standard in cold air therapy

Cryo 7 is the perfect system for cooling tissue and skin. An important therapeutic characteristic of cold air therapy is contact-free cooling. The level of water vapour in the air decreases as the temperature decreases and thus the cold air of the Cryo represents a dry treatment with an outlet temperature as low as -30°C. As a result, the risk of frostbite is reduced to a minimum.

During cold air application – in contrast to the application of cold packs or ice bags – no moist layer of vapour forms on the skin which would make longer-lasting cooling more difficult.

Cooling with cold air is therefore more effective.







#### **Broad spectrum of applications**

Cold air therapy is suitable for brief, fast and intensive cooling of the skin as well as for longer periods of moderate cooling in order to decrease the temperature in deeper layers of tissue.

#### Cold air therapy has been proven in:

- Acute and chronic painful conditions of the musculoskeletal system: Rheumatic diseases, tendinopathies, acute inflammation, pain in the lower back
- · Procedure-related pain:
- Knee, hip, spinal and shoulder surgery • Periprocedural pain:
- In dermatology such as photodynamics and laser therapy, for chest drain removal, before/ during injections and aspirations • Spasticity and pain in connection with neurological disorders

Compelling therapeutic success with cold air as low as -30°C

## Combinations with cold air therapy

### Treatment support through combination with cold air

Cryotherapy can be combined with a variety of other treatments, for example, to improve movement therapy by prior application of cold air (15-20 min). Other combination possibilities include:

- Combination with compression in cases of acute injuries
- Treatment of muscular trigger points in combination with stretching

#### Sports medicine and traumatology

Many sports physiotherapists and sports medicine specialists use cold air preventively for prophylactic early-stage treatment immediately following major exertion during sports before symptoms occur, such as after a competitive event.

#### Ease of use – Redesigned

The Cryo 7 is operated using a brilliant, high-resolution, 10-inch touch display. Individual programmes can be stored. All of the important operating elements are clearly arranged and easy to reach, thanks to the higher, ergonomic design. This allows successful operation from the very start.

The optional supporting arm facilitates hands-free operation, especially during long treatment periods. The air stream can be easily controlled by the user.

The practical glass shelf plate is ideally suited for use as a tray for additional devices.

#### **Energy- and cost-efficient**

The operation of the new Cryo 7 does not result in any significant consumption costs. The amount of defrost water is monitored and the defrosting function ensures smooth operation. The air filter is readily accessible and can be easily replaced if soiled.

The new standby mode further improves the energy efficiency of the Cryo 7, which is designed for reliable all-day operation.

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Through the numerous technical innovations, the Cryo 7 is a significant comfort factor for patients and therapists.

## User-friendly, ecological & low-maintenance

## The new Cryo 7 – Perfected from A to Z

The advantages at a glance

**Optional support arm** facilitates hands-free operation **Practical glass plate** to hold other devices Very simple operation **Superior technology** Cryo New standby mode

Low consumption costs and improved energy efficiency

> **Individual programmes** can be stored

Modern, ergonomic design



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## **Technical data**

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Medical device	MD Class Ila
Mains connection	220-240 V / 50-60 Hz
Max. power consumption during therapy	1200 VA
Interface	USB 2.0, RS232
Fan levels	1-9
Load capacity of shelf plate	Maximum 35 kg
Length of the treatment tube	250 cm
Housing dimensions	106 cm (H) x 50 cm (W) x 56 cm (D)
Weight	60 kg (without accessories)