

 **CLOUDBOOTS**

User Manual
Cloud8 ROGUE

TIME TO RECHARGE



▶ WWW.CLOUDBOOTS.FI

Control Panel

Pressure indicator (1-16 / 30-240 mmHg)

adjust with - / +

Treatment time indicator

adjust with - / +

Power Switch

Chamber selection buttons*

Program selector

Start / pause

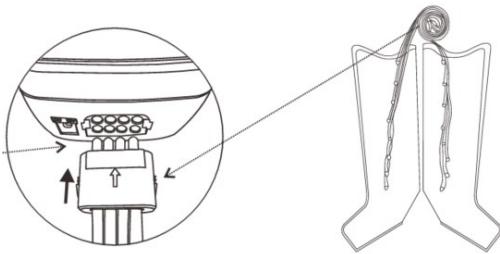
Battery level



*You can press a single chamber button to deactivate (and activate) chamber (for example, if your calves are sore and you want to shut down chambers 2 and 3)

Getting started

1. Before first use, check the battery status by switching power switch on and try to hit start. If the pump won't start, recharge the device.
2. Connect pressure hoses to boots. In ROGUE, the hose connector runs towards machine from hip end.
3. Connect the hose connector to the machine. When installed right, you see arrow in connector pointing up. See illustration below.



4. Check and ensure all connections to the machine.
5. Put on the boots (or Cloud Sleeve, Cloud Belt, Cloud Shorts or Cloud Pants)
6. Turn on the power switch.



7. Set the desired pressure



- For first time use, we recommend starting with the pressure around 100 mmHg (level 6). Adjust the level for your preferences. Remember, that treatment should never feel painful.

level 1-4 / 30-75 mmHg

level 5-8 / 85-130 mmHg

level 9-12 / 140-185 mmHg

level 13-16 / 195-240 mmHg

8. Set the desired treatment time



-original setting is 30 minutes. Short press to add/reduce a minute, long press to wanted time. When time runs out, the machine shuts off automatically.

9. Set the desired program



- check next page for details

10. If you like to skip chamber, you can press chamber selection buttons. When pressed, light from chamber turns off. Original setting is all chambers on. When inflating or deflating, chamber light is flashing.



11. Press the start / pause button

Program modes

A) WARM-UP / SINGLE CHAMBER MASSAGE

The pressure progresses chamber by chamber from the toes towards the pelvis.

B) LYMPH MASSAGE

The pressure moves from the toes towards the pelvis. The pressure is released at once when all chambers are full

C) ENTIRE LEG COMPRESSION

All chambers are filled at the same time and they are emptied at once

D) TWO CHAMBER MASSAGE

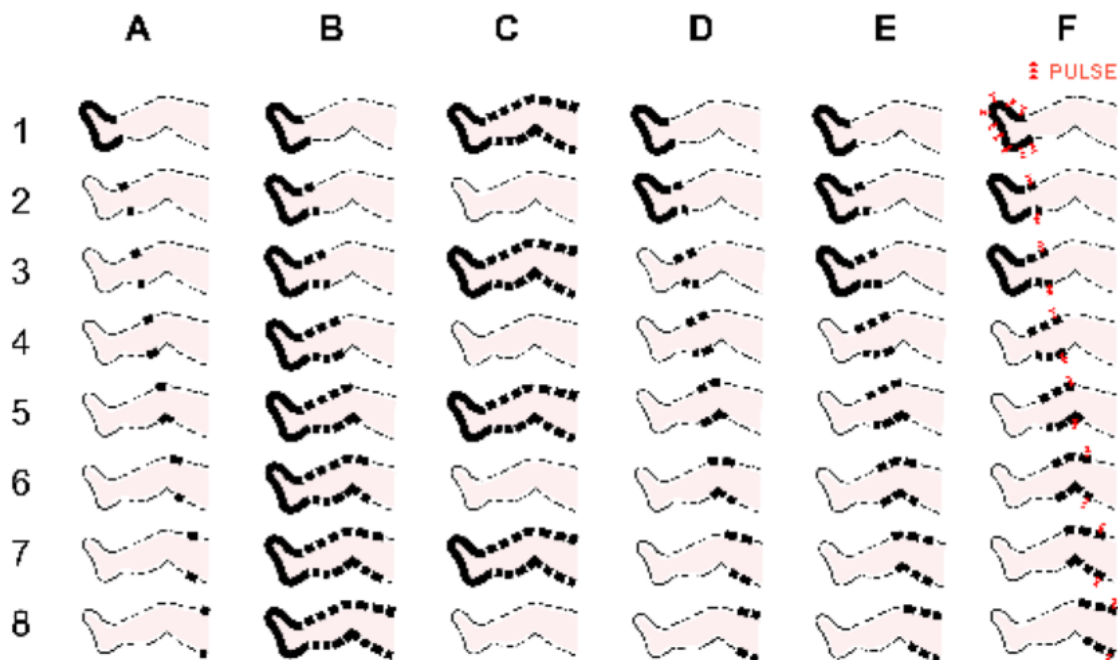
The pressure progresses from the toes towards the pelvis, two chambers at a time. First, chambers one and two are filled, where the pressure is maintained. After this, the pressure is released from chamber one, and chamber three is filled. After this, the pressure is released from chamber two and chamber four is filled. The program continues in this way until chamber 8.

E) THREE CHAMBER MASSAGE

The pressure progresses from the toes towards the pelvis, three chambers at a time. First, chambers one, two and three are filled, where the pressure is maintained. After this, chamber one is emptied and chamber four is filled. After this, chamber two is emptied and chamber five is pressurized. The program continues in this way until chamber 8.

F) PULSE

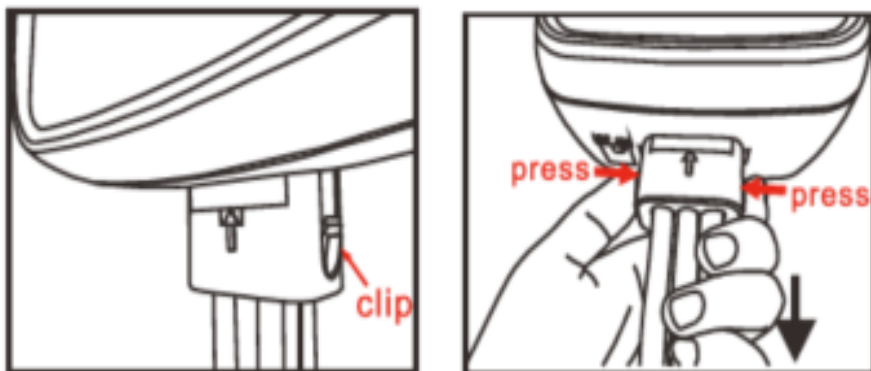
Similar to a three-chamber massage, but the last chamber to fill becomes a pulsating pressure treatment before moving on to the next chamber



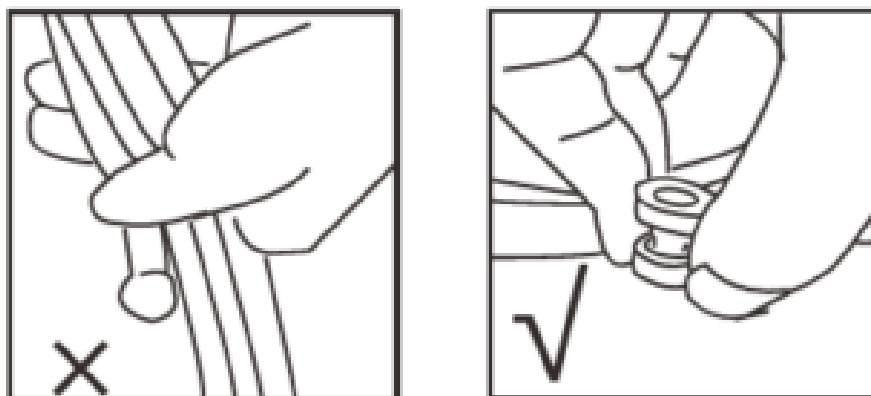
After use

When you finish your Cloudboots session, disconnect hose connector from machine by pulling from connector, not from hoses (see picture 1). The boots connected with hoses should always kept and used as a whole. By leaving hoses connected to boots, it is easier to start next session; just insert connector to machine and you are ready for next session.

When you are travelling with Cloudboots or you have another good reason to get package wrapped up tighter, disconnect hoses also from boots. Hold the counterpart with another hand and pull a pin straight up. Do not pull from hose (see picture 2).



Picture 1: disconnecting hose connector from machine



Picture 2: disconnecting hoses from boots

Product information

Control:	Touch keyboard
Display:	LED indicator
Size:	240*150*100mm
Input voltage:	220V/50Hz
Power consumption:	35W
Time of therapy:	1~99 minutes
Pressure area:	Levels 1-16 30 ~240 mmHg (tolerance ± 20 mmHg)
Chambers:	8
Battery time:	2-4 hours (depending on pressure setting)
Rechargeable battery:	Lithium 5000mAH
Warranty:	2-years (from date shown in invoice)

Restrictions

Different patient groups find air-compression treatment helpful for releasing different types of pain. Many of disorders are not experienced the same way by patients, and symptoms may vary. For this reason, we have no exact picture of how Cloudboots treatment helps patients.

Cloudboots products are not medical devices, rather an assistive device. In the event of serious illness, we ask you consult your doctor prior to taking Cloudboots into use.

Contra indications:

- Coronary thrombosis (do not use the first 12 weeks after)
- Acute inflammatory skin diseases
- Arrhythmia
- Erysipelas
- Deep thrombophlebitis
- pulmonary edema
- acute venous thrombosis
- unstable hypertension
- patients with the installation of artificial pacemaker

Caution:

- Pregnancy

Attentions and warnings

- Do not use water or any other liquids to wash machine. Just wipe it with a dry cloth
- You can clean the boots with damp cloth
- Do not bend or fold the power cord
- Do not put anything on the top of machine
- Use the equipment for massage only
- Do not put boots near the sharp things
- Keep in a dry and warm place. Do not alter to frost!
- Protect product from direct sunlight to avoid discoloring

Cloud Pants

If you need compression on more than just the legs, choose pants, as they put a comfortable pressure on the lower back and stomach and particularly on the gluteal muscles.

The large gluteal muscles extend the hip, for example, whereas the medial and small gluteal muscles are in charge of abducting the thighs. The gluteal muscles play an important role in our everyday lives, and we couldn't stand or walk without them. In sports requiring explosive strength, the role of the gluteal muscles is much bigger than that of quadriceps, for example.

Available for LITE, ACTIVE and ROGUE

Cloud Sleeve

With the compression therapy sleeve, you can treat one arm at a time and effectively relax your arm and shoulder muscles. Pull the sleeve up to your shoulder, and place your arm on, for example, the armrest of a sofa at a 90-degree angle. You can attach the sleeve in place using the "sling" provided with the product. One size, length 90cm. **Available for LITE, ACTIVE and ROGUE**

Cloud Belt

The belt gently massages the midsection of your body and particularly alleviates lower-back pain, although it can also be used for massaging the gluteal muscles. Just as with the boots, you can fold the belt or close chambers if you want to target the treatment to a specific area.

The Cloudboots belt is available in one size and can be adjusted between 90–120 cm. The belt's height is 37 cm, and the product is compatible with all models.

Belt is available for LITE, ACTIVE and ROGUE

Cloud Shorts

The shorts help you take care of the hip muscles, gluteal muscles, quadriceps and hamstrings as well as improve hip mobility. The shorts are perfect for use before or right after a squat exercise. **Available for LITE, ACTIVE and ROGUE.**



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If you have any questions about our products, check our website for FAQ or contact

support@cloudboots.eu or ville@cloudboots.fi